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Pear, Arugula, Bacon and Shaved Parmigiana Salad

2 tablespoons white balsamic vinegar

1 teaspoon Worcestershire sauce

1 teaspoon Dijon mustard

½ small shallot, minced

1 clove garlic

½ teaspoon garlic powder

½ teaspoon onion powder

6 tablespoons blended oil

Sea salt and freshly ground black pepper

2 cups chopped romaine

1 cups arugula

½ small pear, julienned

1/4 small red onion, thinly sliced

2 tablespoons chopped pecans

2 tablespoons grated parmesan

1 slice cooked bacon, diced

- Add vinegar, Worcestershire, Dijon, shallots, garlic and spices to jar of a blender.
- Season with salt and pepper.
- With machine running, slowly add oil. Season with salt and pepper.
- Add salad ingredients to a mixing bowl; toss with dressing to taste. Adjust seasoning

Tender Beef Filet with Shallot and Demi-glace Sauce

2 to 3 tablespoons oil, divided

2 beef filet medallions

1 shallot, minced

1 clove garlic, minced

¹/₄ cup brandy

½ cup demi-glace

1/4 cup heavy cream

1 tablespoon brined green peppercorns, drained

Minced fresh thyme

Salt and pepper

- Bring a heavy skillet to medium-high heat; add oil. Season beef with salt and pepper.
- Cook, turning once, until cooked to desired temperature.
- Add shallots to the saute pan; cook until nicely browned.
- Add the garlic and cook 1 minute more.
- Add the brandy and cook until reduced by half.
- Stir in the demi-glace and cream; bring to a simmer and cook, stirring, until reduced by one-third.
- Add peppercorns; season with thyme, salt and pepper. Serve beef topped with sauce.



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Homemade Gnocchi

½ pound whole milk ricotta

1 egg yolk

½ cup parmesan

3/4 cup all-purpose flour

½ teaspoon sea salt

Pinch of nutmeg

Mascarpone Cream Sauce

Grated Parmesan

- Mix the ricotta, squash, eggs, parmesan and seasoning together.
- Add flour; knead until a firm dough forms. Place onto a floured board and gently knead into a ball.
- Cut dough into four pieces; roll into ½ inch rope, cut into ½ inch pieces and place on floured sheet pan.
- Bring a large pot of well salted water to a boil; cook the gnocchi until tender. Drain, reserving some of the cooking liquid.
- Toss pasta with sauce, adding some of the water as needed to thin the sauce.
- Season with salt and pepper. Serve topped with parmesan cheese.

Mascarpone Cream Sauce

Sauce

1 tablespoon butter

1 small shallot, minced

1 clove garlic, crushed

1/4 cup white wine

½ cup heavy cream

½ cup chicken stock

2 tablespoons mascarpone

Fresh rosemary

Sea salt and freshly ground black pepper

- Melt butter in a heavy saucepan over medium heat.
- Add shallots and garlic; cook until golden.
- Add wine; bring to a simmer and cook until reduced by one-third.
- Add cream and chicken stock; bring back to a simmer and cook until thickened. Stir in mascarpone.